

# 2017 YOUTH SUBSTANCE USE & MENTAL HEALTH OUTCOMES



HEALTHY YOUTH. HEALTHY FAMILIES. HEALTHY COMMUNITIES.

## YOUTH SUBSTANCE USE

% ACHIEVING OUTCOME

**98%**

Basic medical care/treatment received as needed

**65%**

Chronic symptoms alleviated/reduced/-controlled/eliminated

**72%**

Mental stability/functioning maintained/improved

**81%**

Reduction in use/abstinence from alcohol and drug use

**80%**

Progress made in addressing issues impacting/impacted by alcohol/drug dependency

## YOUTH MENTAL HEALTH

% ACHIEVING OUTCOME

**60%**

Develops/strengthens self-management skills

**63%**

Exhibits improved behavior

**75%**

Exhibits improved mood and/or emotional functioning

**62%**

Exhibits ability to engage positively with family/others

**81%**

Progress made in achieving treatment goals



# OUR MISSION

FOSTERING HEALING AND RECOVERY