

2016

ANNUAL REPORT

RECOVERING LIVES
RESTORING HEALTH
REBUILDING FUTURES



CORPORATE OFFICE

1116 Summit Avenue
Seattle, WA 98101
(206) 726-4100

EASTSIDE BRANCH

1412 140th Place N.E.
Bellevue, WA 98007
(425) 747-7892

KENT BRANCH

24823 Pacific Highway South
Suite 103
Kent, Washington 98032
(253) 681-0010

RAINIER BRANCH

5802 Rainier Avenue South
Seattle, WA 98118
(206) 723-1980

SENECA BRANCH

1305 Seneca Street
Seattle, WA 98101
(206) 323-0934

SHORELINE BRANCH

16715 Aurora Avenue North
Suite 102
Shoreline, WA 98133
(206) 546-9766

**SNOHOMISH/EVERETT
BRANCH**

9930 Evergreen Way
Building Z150
Everett, WA 98024
(425) 347-5121

SUMMIT BRANCH

1116 Summit Avenue
Seattle, WA 98101
(206) 323-0930

**SUMMIT/SENECA
PRIMARY CARE**

1300 Spring Street
Seattle, WA 98104
(206) 323-0930

SYVPI/ROYAL OFFICE

1404 East Yesler Way
Suite B
Seattle, WA 98122
SYVPI: (206) 323-9014
ROYAL: (206) 329-0154

**YOUTH & FAMILY -
EVERETT**

9930 Evergreen Way
Building Z154
Everett, WA 98204
(425) 263-3006

**YOUTH & FAMILY -
SEATTLE**

1901 Martin Luther King Jr. Way S.
Seattle, WA 98144
(206) 322-7676



DEAR FRIENDS,

In 2016 Therapeutic Health Services opened our first primary care unit. Housed at the Summit/Seneca Branch, this team of care providers focus on the acute and chronic healthcare needs of our substance use disorder and mental health patients.

People with mental health and substance use disorders may die decades earlier than the average person — mostly from untreated and preventable chronic illnesses like hypertension, diabetes, obesity, and cardiovascular disease that are aggravated by poor health habits such as inadequate physical activity, poor nutrition, smoking, and substance abuse. Barriers to primary care — coupled with challenges in navigating complex healthcare systems — have been a major obstacle to care.

Siting primary care, staffed by non-judgmental professionals, at the same location where they receive their behavioral health services also decreases the likelihood that patients will use expensive emergency room visits to manage their physical health. The solution lies in integrated care, the systematic coordination of general and behavioral healthcare. Integrating mental health, substance use, and primary care services produces the best outcomes and proves the most effective approach to caring for people with multiple healthcare needs.

We are proud to add primary care to the array of programs and services offered at Therapeutic Health Services and look forward to expanding these services to other branch locations.



Norman O. Johnson

Norman O. Johnson
CEO



Louis Hunter

Louis Hunter
Board President

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MAKING A DIFFERENCE

IN 2016 OUR ADULT AND YOUTH PATIENTS MADE GREAT STRIDES ADDRESSING THEIR SUBSTANCE USE AND MENTAL HEALTH ISSUES

ADULT SUBSTANCE USE % ACHIEVING OUTCOME

81% Mental stability/
functioning maintained/
improved

83% Reduction in use/
abstinence from
alcohol and drug use

87% Addressing issues
impacting/impacted
by substance use

YOUTH SUBSTANCE USE % ACHIEVING OUTCOME

68% Mental stability/
functioning
maintained/improved

75% Reduction in use/
abstinence from
alcohol and drug use

72% Addressing issues
impacting/impacted
by substance use

ADULT MENTAL HEALTH % ACHIEVING OUTCOME

61% Exhibits improved
behavior

56% Exhibits improved
mood and/or
emotional functioning

83% Progress made in
achieving treatment
plan goals

YOUTH MENTAL HEALTH % ACHIEVING OUTCOME

50% Exhibits improved
behavior

48% Exhibits improved
mood and/or
emotional functioning

77% Progress made in
achieving treatment
plan goals

OUTPATIENT PROGRAMS & SERVICES

At THS we are committed to providing a safe, caring environment where participants can realize the best possible recovery. Our evidence-based treatment programs and ongoing individual and group counseling give those we serve the confidence of knowing that someone is in their corner every step of the way.

SUBSTANCE USE

- Medication Assisted Treatment
- Adult Intensive Outpatient Treatment
- Addiction-focused co-occurring disorder treatment
- Relapse prevention
- Pregnant & Parenting Program

MENTAL HEALTH

- Assessment and evaluation
- Medication management
- Case management
- Advocacy and referral services

YOUTH SERVICES

- Substance use and mental health assessment and treatment of children and youth
- Co-occurring mental health and substance use treatment
- Seattle Youth Violence Prevention Initiative (SYVPI)
- Raising Our Youth As Leaders (ROYAL)
- Multi-Systemic Therapy
- Programs focused on providing solutions to homelessness

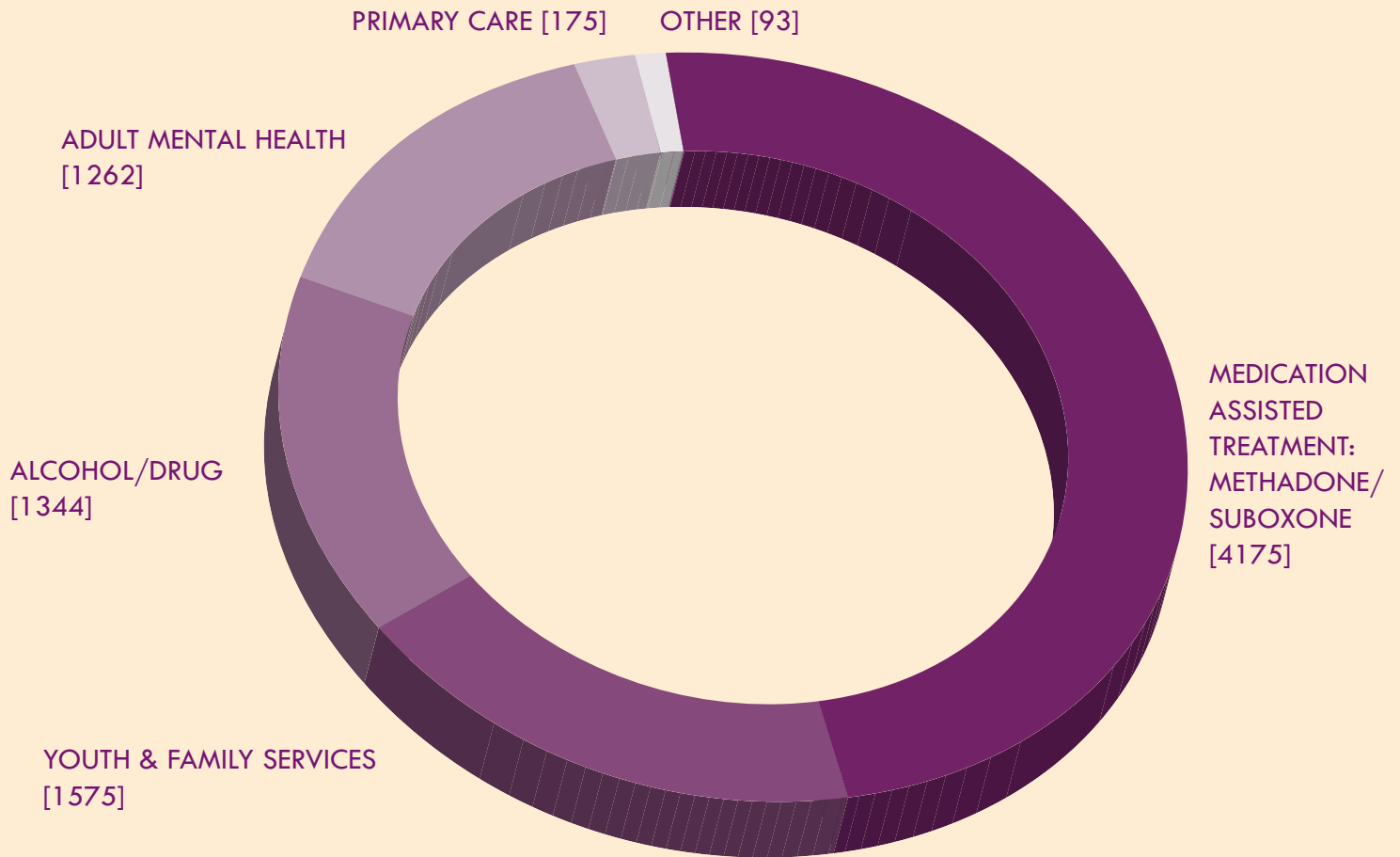
OTHER SERVICES

- Primary Care
- Pre-vocational and vocational services
- Veterans Outreach Program
- DUI assessments and treatment for deferred prosecution
- Alcohol/Drug Information School
- Supervised childcare during treatment and counseling sessions

OUR MISSION

FOSTERING HEALING & RECOVERY

2016 PATIENTS SERVED



2016 FINANCIALS

REVENUE

Government Grants	\$20,921,209
Net Patient Service	964,198
United Way	43,605
Rental Income	13,925
Contributions	94,603
In-Kind Contributions	131,581
Other	90,683
TOTAL REVENUE	\$22,259,804

EXPENDITURES

(BEFORE DEPRECIATION & AMORTIZATION)

Alcohol and Other Drug Services	\$10,818,324
Mental Health Services	3,465,197
Other Programs	1,135,416
Facilities, administration, general and fundraising	4,240,509
Depreciation and Amortization	198,290
TOTAL EXPENSES	\$19,857,736